

Volunteering Opportunities at BUCFP

Here's an introduction to the different work areas where you can volunteer at BUCFP – for all areas please contact the participation worker or the worker responsible for that area direct.

Areas needing regular Volunteers

The Crèche – Judy and Lesley

The Crèche can take 12 children in each session. It is open Mon-Fri mornings between 10.30 and 1.00 and Mon-Wed 1.45-3.45. As a volunteer you will need :

- Commit to a regular session each week
- To agree to a health and police check
- Be willing to work as part of a team
- Attend monthly Crèche meetings

The Office - Sue

The office is a busy place where much information is exchanged, you will need:

- Good communication skills
- Good numeracy and literacy
- To be able to work under stress

The Kitchen – Ellie & Joy

The kitchen volunteers cook a daily vegan meal to be ready for 1.00pm. There are places for head cooks and for assistants. As a cook you will need;

- To be aware of food hygiene practices
- To enjoy cooking

Allganics Wholefood Co-op - Ellie

The Co-op is open 5 mornings a week between 10.30 and 12.30. As a volunteer you will need:

- Good numeracy and literacy
- Commit to one session per week
- Have an interest in wholefoods

Participation - Ellie

Participation volunteers involve other centre users in becoming involved in the Centre, this could be through the Arts and Crafts Group, Walking Group, Allotment Group, Magazine or through helping to organise an event.

- Good communication skills
- Commit to one session per week

Areas needing occasional volunteers

Welfare Rights Group - Julie

As a welfare rights volunteer, you will be part of a team running advise sessions. As an advisor you will need:

- The ability to communicate
- A good level of literacy and numeracy
- To commit to one advise session per week
- To attend Friday morning meetings
- Be available for continuous training

Casual Volunteers

We do have occasional volunteer tasks, such as clearing tables, sorting donations etc. These are given out on a day to day basis and at the day co-ordinators discretion.

Computers and Education - Peter

Most of the courses are run by volunteers. We also need volunteers to support users in the computer room, you will need;

- Computer literacy
- Proven skills for teaching courses

Temporary Housing - Joy

Offers advise and support to temporarily housed families, you will need;

- An interest in housing issues
- Commitment to campaign work and research
- To be happy to support in all capacities
- Be able to sort out donations

Maintenance

There is always a need for general maintenance and upkeep of the Centre. This can range from large jobs such as painting a room, to small jobs such as watering the plants. If you are interested, please contact the Day Co-ordinator through the office